Care2Caregivers

WHEN YOU CARE • WE ARE THERE

COPSA INSTITUTE FOR ALZHEIMER'S DISEASE AND RELATED DISORDERS

TRANSITIONS BEREAVEMENT SUPPORT GROUP 2023

Transitions is open to all who are grieving the loss of a loved one. Special emphasis regarding those who cared for individuals with memory impairment due to Alzheimer's Disease or a related disorder or other chronic long term illness that required extended caregiving. This group is free, open to the public and professionally facilitated. We have been meeting monthly for emotional support, to learn about the grieving process and to enhance skills for coping and reinvesting in life. To keep our group members connected during the coronavirus outbreak, we will be maintaining online meetings until public health authorities tell us it's safe to meet in person. You can log in through your computer or call on your telephone.

January 25
February 23
March 30
April 27
May 25
June 29

Meeting Time: 10:00 – 11:00 am

For more information and to receive log in link contact Mary Catherine Lundquist at lundqumc@ubhc.rutgers.edu or call 800-424-2494.

800-424-2494

RUTGERS HEALTH
University Behavioral Health Care
COPSA Institute for Alzheimer's Disease & Related Disorders