



COPSA INSTITUTE FOR ALZHEIMER'S DISEASE AND RELATED DISORDERS

CAREGIVER AFTERNOON SUPPORT GROUP

The COPSA Afternoon Caregiver Support Group is open to all who are caring for someone with memory impairment due to Alzheimer's Disease or a related disorder. We meet monthly to learn about the disease process, discuss issues that arise from caregiving, offer each other support and find out about available resources. All meetings are facilitated by a member of the COPSA Care2Caregivers Staff. We know how hard your job is. Come and talk with others who know what it is like to walk in your shoes. Meetings are held virtually through Zoom. You can log on through your computer or call on your phone.

Meeting Time: 1:00 – 2:00 pm

2023 Schedule

July 11

August 15

September 12

October 10

November 14

December 12



Contact Mary Catherine Lundquist at lundqumc@ubhc.rutgers.edu or call 800-424-2494 for questions and to receive log in information.

800-424-2494

RUTGERS HEALTH

University Behavioral Health Care
COPSA Institute for Alzheimer's Disease & Related Disorders