

## Be Prepared, Be Protected: Strategies for Handling Unexpected Events While Caregiving



## September 19, 2024 1:00 – 2:00pm

Caregivers may be so caught up in day-to-day care that they do not recognize the importance of planning for potential emergencies both those that are likely and those that are only possible. This presentation covers potential emergencies, safety strategies, and how to develop an emergency care plan to assure for the safety of your loved one and the caregiver. Participants will receive a checklist & other helpful tools to help build an emergency care plan and kit.

Join us for this live, interactive session through Zoom or your telephone.

> FOR MORE INFORMATION: Contact Mary Catherine Lundquist at lundqumc@ubhc.rutgers.edu or call Care2Caregivers at 800.424.2494

Click <u>HERE</u> to register.

You will receive log in information after you register.

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