



COPSA INSTITUTE FOR ALZHEIMER'S DISEASE AND RELATED DISORDERS

TRANSITIONS BEREAVEMENT SUPPORT GROUP 2025

Transitions is open to all who are grieving the loss of a loved one. Special emphasis regarding those who cared for individuals with memory impairment due to Alzheimer's Disease or a related disorder or other chronic long term illness that required extended caregiving. We meet monthly for emotional support, to learn about the grieving process and to enhance skills for coping and reinvesting in life.

This group is held virtually on Zoom, free, open to the public and professionally facilitated. You can log in through your computer or call on your telephone.

Meeting Time: 10:00 – 11:00 am

January 30
February 27
March 27
April 24
May 29
June 26



For more information and to receive log in link contact
Mary Catherine Lundquist at
lundqumc@ubhc.rutgers.edu or call 800-424-2494.

800-424-2494

RUTGERS HEALTH

University Behavioral Health Care
COPSA Institute for Alzheimer's Disease & Related Disorders