

# **Nurturing Emotional Well-Being: Understanding Depression in Aging and Caregiving**

Depression can deeply impact both caregivers and those they support, especially within the aging community.

Join Dr. Angelica Catusco in an **insightful discussion on identifying the signs and symptoms of depression, exploring effective interventions, and discovering available support systems**

Click [HERE](#) to register.

**May 7th 2025**

**7pm EST**

Care2Caregivers

FOR MORE INFORMATION:

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