

CAREGIVER AFTERNOON SUPPORT GROUP
July - December 2026 Schedule

July 14
August 11
September 15

October 13
November 10
December 15

Meetings are held
virtually through Zoom
from 1:00 - 2:00 PM

You can log on through your computer or call on your phone.

The COPSA Afternoon Caregiver Support Group is open to all who are caring for someone with memory impairment due to Alzheimer's Disease or a related disorder. We meet monthly to learn about the disease process, discuss issues that arise from caregiving, offer each other support and find out about available resources. All meetings are facilitated by a member of the COPSA Care2Caregivers Staff. We know how hard your job is. Come and talk with others who know what it is like to walk in your shoes.



For more information and to receive log in link,
contact Mary Catherine Lundquist at
lundqumc@ubhc.rutgers.edu or call 800.424.2494