

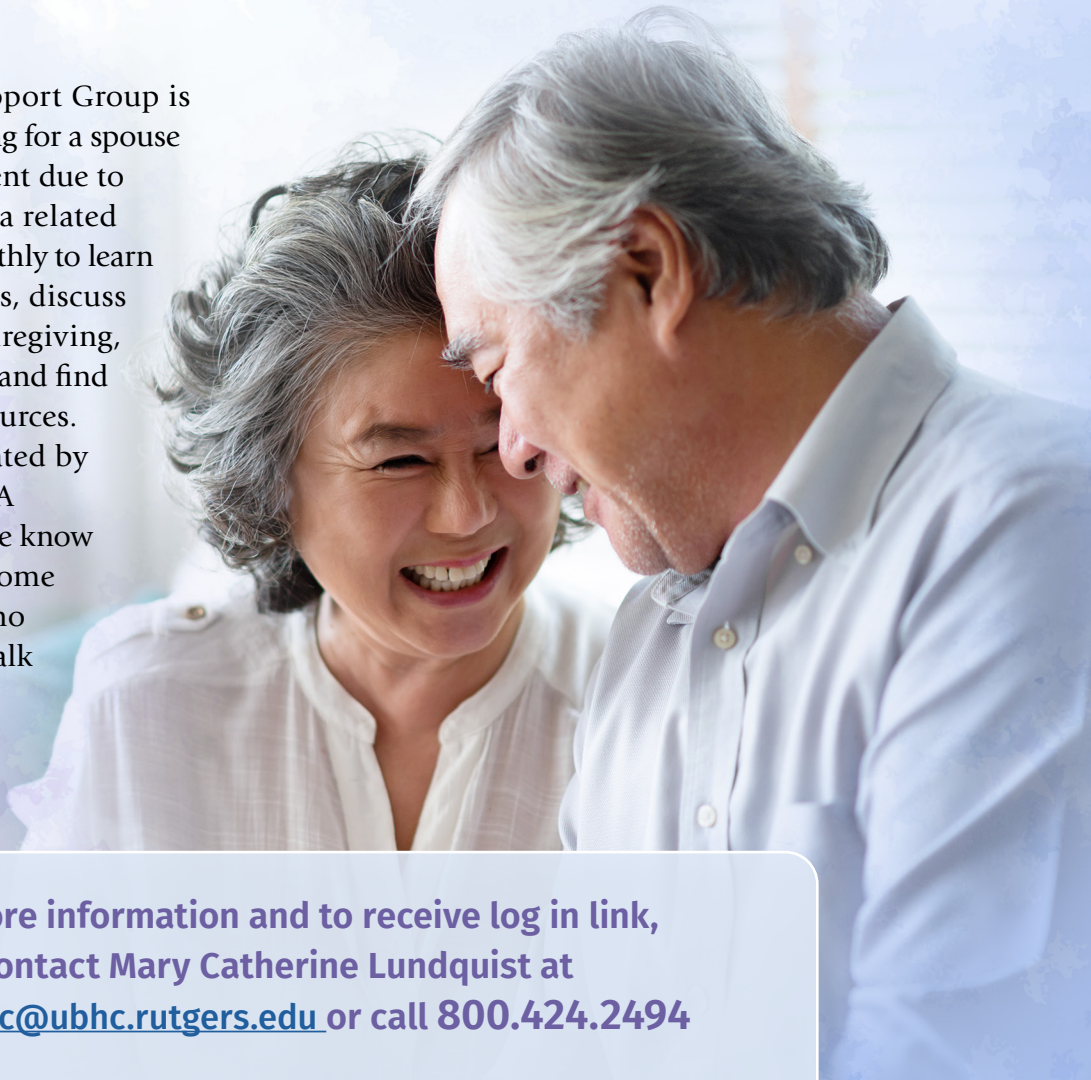
SPOUSE SUPPORT GROUP

July - December 2026 Schedule

July 6	September 8*	November 2
July 20	<i>*Tuesday due to holiday</i>	November 16
August 3	September 21	December 7
August 17	October 5	December 21
	October 19	

Meetings are held virtually through Zoom on the first and third Mondays of the month from 9:30-11:30 AM

The COPSA Spouse Support Group is open to all who are caring for a spouse with memory impairment due to Alzheimer's Disease or a related disorder. We meet bimonthly to learn about the disease process, discuss issues that arise from caregiving, offer each other support and find out about available resources. All meetings are facilitated by a member of the COPSA Care2Caregivers Staff. We know how hard your job is. Come and talk with others who know what it is like to walk in your shoes.



For more information and to receive log in link,
contact Mary Catherine Lundquist at
lundqumc@ubhc.rutgers.edu or call 800.424.2494