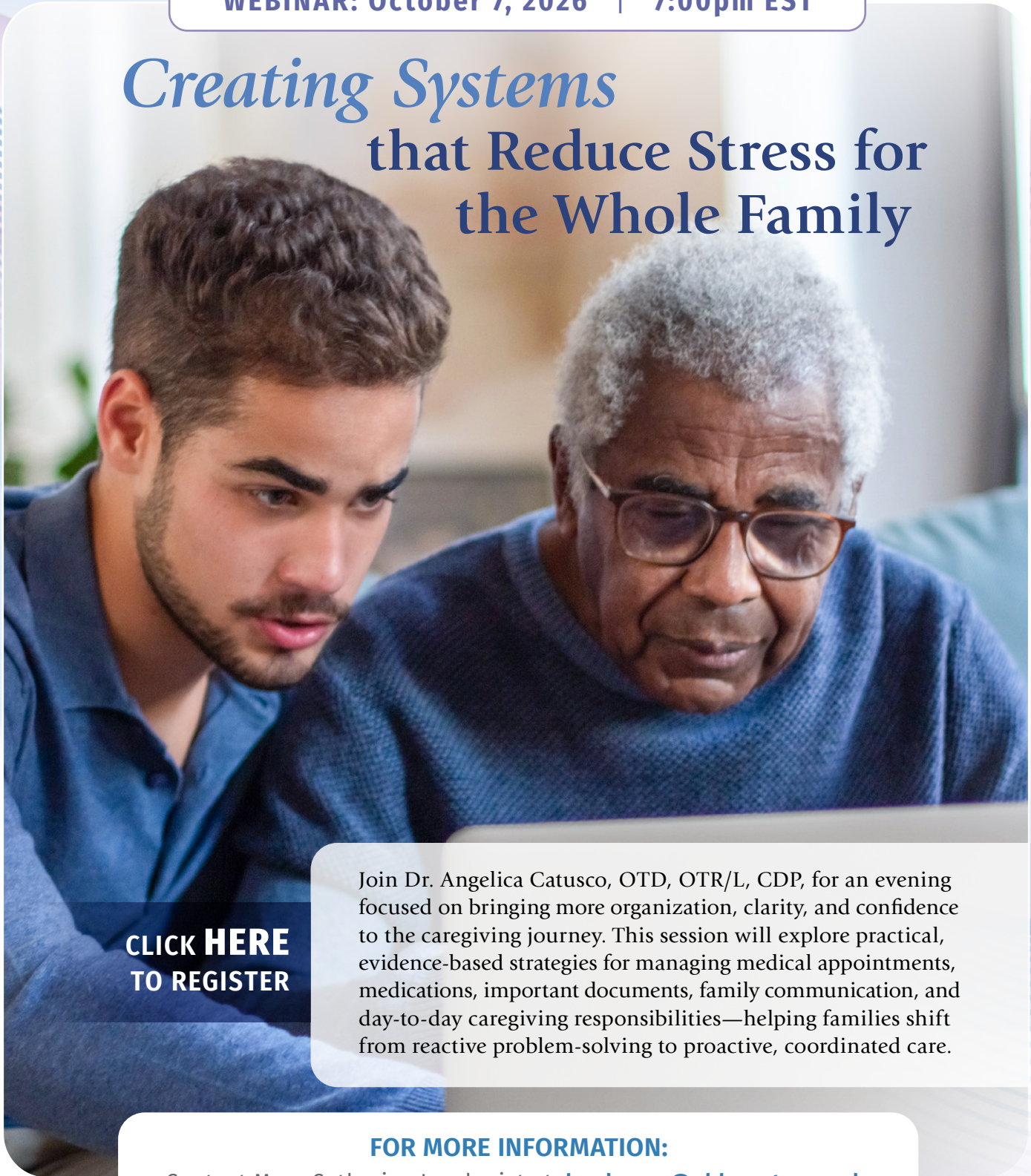


WEBINAR: October 7, 2026 | 7:00pm EST

## *Creating Systems* that Reduce Stress for the Whole Family



**CLICK HERE  
TO REGISTER**

Join Dr. Angelica Catusco, OTD, OTR/L, CDP, for an evening focused on bringing more organization, clarity, and confidence to the caregiving journey. This session will explore practical, evidence-based strategies for managing medical appointments, medications, important documents, family communication, and day-to-day caregiving responsibilities—helping families shift from reactive problem-solving to proactive, coordinated care.

### **FOR MORE INFORMATION:**

Contact Mary Catherine Lundquist at: [lundqumc@ubhc.rutgers.edu](mailto:lundqumc@ubhc.rutgers.edu)  
or call Care2Caregivers at: **800.424.2494**



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